



Working Together at this Session

Participants' behaviours can either advance or hinder the group's accomplishments. This tool provides participants with the opportunity to think about how they can support the group working well together.

Think about your experience of working together as a group, or your experience at previous workplaces.

A. Jot down **3 behaviours** that in your opinion would:

- **Support** this group accomplishing its goals today.
- **Hinder** this group accomplishing its goals today.

B. Share what everyone had for “support” and “hinder” (*in your table group or in the full group, depending on # participants*).

C. In your group, identify **2 behaviours** that you will:

- **Reinforce** in this session.
- **Avoid** in this session.

D. What can you say/do to support each other with the behaviours identified in C?